

JH PE Expectations and Grading

Expectations

- Come prepared **EVERYDAY**.
 - Have all of your workout clothes when you come to school.
 - Recommended attire includes: Tennis Shoes, T-shirts, Shorts, Leggings, Sweatpants, Hoodies
 - If you are unsure if it is acceptable, make sure to ask Mr. Wagner.

- Always maintain a **POSITIVE** attitude and conduct yourself in a **RESPECTFUL** manner.
 - Hands and feet to yourself
 - **ABSOLUTELY NO MESSING AROUND**
 - Be respectful to the teacher and other students **AT ALL TIMES**.
 - Abide by the rules mentioned in the expectations and the daily expectations for the activities.

- Always try your **BEST** and show **EFFORT**.
 - Make sure that you are following directions as told
 - Perform the activities as directed with effort and push yourself.
 - Make yourself better and want to improve at all times.

Grading

- **5 points will be given each day.** There are a possible 20 points to be earned each week based upon the following expectations:
 - 1 Point: Dressed in proper attire (Tennis Shoes, Short, T-Shirt, Sweats, Hoodies, etc.)
 - 1 Point: Follows directions, as instructed the 1st time
 - Place your cell phone in the area designated by the teacher.
 - 1 Point: Effort
 - Actively participating in drills, not quitting on activities
 - Pushing yourself to get better
 - 1 Point: Appropriate attitude
 - **DON'T ARGUE** with the teacher
 - Talking respectfully to the teacher and other students.
 - 1 Point: Appropriate behavior
 - Place your cell phone in the area designated by the teacher.
 - Keeping hands and feet to yourself
 - Following the rules of the gym or weight room
 - Completing the activities as directed
 - If we are in the weight room, you will receive an **AUTOMATIC ZERO for the day if:**
 - We are NOT using the dumbbells, barbells or other weight room equipment, and you start to use them.
 - You are using equipment you have not been directed to use.

JH PE Expectations Overview Return Form
(10 points upon return)

I am looking forward to working with your student throughout the 3rd quarter in PE. If you have any questions or concerns.

Feel free to contact Mr. Wagner at (308) 935-1121, e-mail at awagner@ansleyps.org, or send a ParentSquare Message.

Student Confirmation:

I, _____, have read and understand the expectations for participation in JH PE.

Student Signature

Date

Parent Confirmation:

I, _____, have read and understand the expectations for participation in JH PE.

Parent Signature

Date